READING IN PHILIPPINE HISTORY

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**COURSE&SECTION : BSIT-1F**

ACTIVITY 2

Essay

In 150 words or more, write an essay reflecting on the theme **“The use and importance of History in my life.”**

History is the study and knowledge of the past. It is a historical narrative and a form of collective memory. History tells the story of who we are, where we came from, and where we might be going. History is important to study because it helps us all understand ourselves and the world around us. Knowing and understanding history is absolutely necessary, even if the results are not as visible and immediate. History is such an important part of our everyday lives. Not only because certain past events and occurrences shaped our current world, but also because humanity tends to face the same challenges over and over again. The only difference is that people learn from their mistakes and develop better problem-solving strategies. The study of history helps us understand the present and predict the future. 'History repeats itself,' we often hear. This means that certain patterns and trends in our lives tend to repeat themselves. Statistics and past experiences can serve as a road map for national resource planning and sharing. This is accomplished by investigating the various dynamics that shaped specific phenomena. Business professionals can learn from previous recessions in order to avoid one. Even at the individual level, people can avoid unnecessary pain and suffering by studying history. We sometimes try to understand why certain things happened in the past, or why specific individuals who had a significant impact on the course of history acted the way they did. Understanding the reasoning behind such actions can be gained by studying history. In the same breath, we can try to improve by applying what we've learned.